

**WINTER SEASON  
BEGINS OCT 20**



**When you Join the  
Peterborough Wave Swim Club  
You will...**

Improve your ability-FAST!

Meet other kids who love to swim - your teammates will be of all ages, from towns throughout the Monadnock region.

Train with professional coaches.

Improve your speed and endurance by competing in swim meets.

Have FUN!

**Practice Schedule:** The 09-10 winter season runs from Oct. 20 to March 21, 2010. All practices and home meets are held at the Crotched Mountain Rehabilitation Center- Greenfield

**Ages 10 & Under:**

Tuesday - Thursday: 6-7p.m. Friday 4-5p.m.

**Ages 11 to 19:**

Tuesday - Thursday: 6:30-8:30p.m. Friday 3-5p.m.

Want to find out more?  
Meet the coaches and get  
Program details at our

**Information and  
Registration Night**

**Wednesday Oct 14th  
6:30-8:00p.m.**

**South Meadow School  
Cafeteria**

**Questions?**

Email: [pwsc99@yahoo.com](mailto:pwsc99@yahoo.com)

Web: [peterboroughwaveswimclub.org](http://peterboroughwaveswimclub.org)

**A GREAT EXPERIENCE**

**FOR KIDS**

**WHO LOVE TO SWIM!**

22 Week Winter Season  
Fee: \$700 payment program available

**Join us  
For a winter of  
Fun, Fitness and  
FRIENDS!**



**Attention: Parents**

The PWSC is open to children with a range of swim abilities. Here are a few reasons to consider the swim team:

- Swimming is a healthy, lifelong activity.
- Swimming is a low-impact, muscle-building, low-injury sport.
- Swim Team will give your child many ways to succeed.
- Team camaraderie is not just for kids; team parents develop strong and lasting friendships.

The Peterborough Wave Swim Club is a non-profit organization. This is not a Conval-sponsored activity.